

Hello Team!

Read completely before asking questions – the answer is likely below!

We are excited to see each of you in Washington, D.C. for the 2024 Marine Corps Marathon! Attached is our schedule of events and below is vital information for the weekend. Please take the time to review all information to aid in your preparation for this event.

1. Air Travel Arrivals

a. Arrive at your departure airport on time! If you miss your flight, YOU are responsible for changes and flight modifications. Let TSF staff know of any delays over 2 hours or flight cancellations by calling or texting the COC Phone: 571-946-1686

b. When you land at Reagan International Airport (DCA) follow airport signs to baggage claim as necessary. Pick up bags (if you checked any).

c. TSF staff will have a table in Terminal 2 by door 1 and door 10 from 1100-1700. (Look for the signage and staff in Semper Fi & America's Fund Baseball jerseys). If you need any assistance or help with anything, we will have representatives there to help.

d. If you have a handcycle with you, please stop by the table and our staff will assist you with getting your handcycle to the hotel.

e. SF&AF staff will guide you toward the Hyatt Regency Crystal City hotel shuttle located at Terminal 2 Arrivals Level Door 2 (against the curb) and Door 10.

f. There are a few of you that will arrive at Terminal 1 (Southwest). It is a short walk to Terminal 2 or you can take the airport shuttle over to Terminal 2.

g. Shuttles are provided by the hotel and run every 20 minutes. You shouldn't have to wait long for the shuttle once you've picked up your luggage.

h. It's a 5-minute shuttle ride from the airport to the Hyatt.

2. Hotel Arrival

a. Hyatt Regency Crystal City: +1 703 418 1234

[2799 Richmond Highway, Arlington, Virginia, United States, 22202](#)

b. Arrive at hotel and check into room. If you arrive before 3pm there is no guarantee that your room will be ready. You can leave luggage with front desk as necessary until your room is ready.

c. After checking into your room, go down the escalator to the main TSF check-in next to Independence A. We will be in the lobby-there will be signage so you can't miss us. There, you will receive your swag bag, weekend information, credential, wristbands, race bib and other goodies.

d. Please try to check-in with us before 5pm (depending on flight arrival).

3. Self-Driving Arrivals

a. Drive to HYATT REGENCY CRYSTAL CITY:

[2799 Richmond Highway, Arlington, Virginia, United States, 22202](#)

b. Please try to arrive at the hotel before 5pm. If you cannot do that, please let your squad leader know.

c. Team Members who are driving will go to the hotel upon arrival. Use the valet at the front of the hotel. Parking fees will be added to your room and paid for by the Semper Fi & America's Fund.

d. DC is a nightmare for traffic, especially on a Friday. Please add extra time to your travel time for arrivals and departures. Also pack your patience!

e. After checking into your room, go down the escalator to the main TSF check-in next to Independence A. We will be in the lobby-there will be signage so you can't miss us. There you will receive your swag bag, weekend information, credential, wristbands, race bib and other goodies.

4. Late Arrivals or locals

a. Those who arrive late on Friday (after 6:00pm) and are unable to check in with TSF staff will be able to check-in and receive your swag,

bib and per diem on Saturday morning starting at from 0800-1100. We will have a table set up outside of Independence A in the foyer.

b. Even if you were unable to check in with us before 5 pm, please join us for the Welcome Celebration in Independence A&B at the hotel from 6-9pm!

5. Schedule notes and Additional Info

a. For a more detailed schedule of events, please refer to the SF&AF Event Details Website: <https://www.thefund-tsf.com/>

b. There is no 8th and I dinner Friday and no pasta dinner Saturday. This year we will host a Welcome Dinner celebration in Independence A&B from 6-9 pm on Friday. There will be games, competitions, big prizes, cash bar, DJ, magician, caricature artists, free food, and more. This is a chance to have fun and mingle with your teammates and SF&AF staff members.

c. Saturday day/evening is yours to explore the city with your family and friends.

d. **You do not need to go to the Armory to get your race bib.** If you decide to go to the Armory for the experience, please do not attempt to pick up your own bib (it won't be there).

e. Race morning is EARLY! We will be walking to the shuttles/metro before the sun rises and you can expect it to be cold/wet. Be prepared with toss-away warm clothing (this is picked up and donated to local shelters post-race).

6. Waivers

a. You will receive a separate email with a link to fill out the electronic waiver next week. Please ensure that you and ALL of your guests have the electronic waivers signed before October 20th. Forward to guests as required. Waivers must also be completed for minors by an authorized adult.

7. Packing list

Below is a general packing list thoughtfully put together. You should be sure to evaluate your specific needs to ensure you are prepared for the weekend.

a. Pack your patience! There are logistical complications, delays, changes, etc. during this event and much of it will be out of your control. Remember why you are there. Enjoy the ride!

b. Service Members and racing guests will receive a few apparel items. Non-running guests will receive a SF&AF t-shirt.

- Weather in the DC area is always variable. The current forecast is daytime highs in the 60's and overnight lows in the low 50's. There is always a potential for rain. Continue to check the weather up to your departure and please pack accordingly.

c. Your coolest TSF or SF&AF gear for Friday welcome carnival! Basic casual wear

d. Toiletries

e. Medications

f. Sunscreen

g. Sunglasses

h. Cell phone Charger

i. Extra spending money (You will be provided a per diem check for you and your guest if you have one)

j. Debit Card or Credit Card (you WILL be asked to put a credit/debit card down with the hotel for incidental charges). Note: if you use a debit card, the hotel will put a \$250 hold charge on your card until you check out. That money will be refunded upon checkout provided there are no incidentals.

k. Running Shoes as required

l. Running apparel (bring what works for you: shorts/pants/tights, gloves, hat/visor, compression, etc) You will be provided a SF&AF running shirt.

m. Old, disposable warm clothes for race start (think sweats/sweatshirt or a running suit; we suggest getting something you

can part with or going to a thrift store. These discarded items are collected by race crew and donated to shelters or thrift stores).

n. On course nutrition (optional)

o. Any required chafing cream or stick such as body glide

p. WATER BOTTLE

q. Extra Prosthetic, Wheelchair, or handcycle parts/tools (as needed)

i. Runner Battalion

a. Your earned TSF Runner Battalion gear/apparel.

ii. Handcycles

a. Your handcycle (as required) in good mechanical condition!

b. TSF or TAF cycling jersey and shorts if you have them. If you don't have one, please contact ryan.beamish@thefund.org

c. Helmet (You are REQUIRED to wear a helmet on course)

d. Extra tubes, tool kit, patch kit. Check that your tires are in good condition.

e. Handcycle flag

We recommend saving the COC Phone: **(571) 946-1686**. Any questions or non-medical/safety emergencies can be texted all weekend. Someone from our team will answer 24 hours a day. We will also be passing information via text from this number all weekend.

We look forward to seeing everyone soon!

-TSF Staff